במ"ד



Rosh Hashanah & Yom Kippur

at Ohel Leah Synagogue 5783/2022

Ohel Leah High Holidays Guide



Rabbí Asher & Rachel Oser together with Rabbí Aviel & Michal Javasky Eyal & Orit Ginati wish you a Shana Tova!

אבינו מלכנו החזירנו בתשובה שלמה לפניך

"Our Father our King, return us to You in perfect repentance"



Ohel Leah Synagogue

70 Robinson Road, Mid-Levels, Hong Kong Tel: (852) 2589-2621 / Cell: (852) 9848-1422 Email Address: RabbiA@OhelLeah.org

Dear Community Members,

The last few years have been tough. Our Synagogue shares the Hong Kong's people's support for the Government's anti-epidemic measures. We are better situated than a year ago, but we have also endured another exhausting year of disruption and disconnection.

We are grateful to the Government for helping us to maintain our religious life. Members and visitors are reminded to observe the rules regarding registration, wearing of masks etc. at OLS and the JCC at all times.

The Talmud records that in days of old, when trouble befall a community, they recited Psalm 121. It begins:

A song of ascents.

I lift up my eyes to the mountains: from where will my help come?

My help is from the LORD, maker of heaven and earth.

The petitioner looks for help, raising their eyes to the mountaintops, they search as far as the eye can see but nothing appears. Desperate, they wonder: from where will my help come? And then they realize: My help is from the LORD, maker of heaven and earth. The High Holiday Season is a time when "the King of Kings" comes to visit us and the source of our help is near. My prayer is that at some point during the Yamim Noraim, Days of Awe, this sentiment turns real for us.

This year marks the 120th year of Ohel Leah Synagogue. To be a part of our Synagogue is to share a commitment to Jewish life that predates our arrival - and birth - in Hong Kong. To be a part of our Synagogue is to be part of a place that cares. The Synagogue has gone to great lengths to ensure that especially in these difficult times, anyone who joins our prayers will be uplifted. Cantor Yariv Ostashinsky will lead our service in the main sanctuary. Hazzan Jonathan Melloul and Rabbi Hananel Sahar will lead our Sephardic service. This year's High Holiday services have called on the selfless devotion of many lay people. They work solely for the good of the community - may the Almighty bless them.

May we, and all the House of Israel, be inscribed in the Book of Life.

Together with Rachel, Rabbi Aviel and Michal Javasky, Eyal and Orit Ginati, we wish our OLS family a sweet new year,

Rabbi Dr Asher C. Oser



Schedule of Main Synagogue Services Featuring Hazzan Yariv Ostashinsky

Rosh Hashanah 5783

Rosh Hashanah Eve – Sunday, September 25 Selichot Evening Service/Candle Lighting	7:45 AM 5:58 PM
Day 1 Rosh Hashanah – Monday, September 26 Morning Service The Sounding of Shofar Kiddush Mincha following Kiddush Evening Service Candle Lighting - from a pre-existing flame	9:00 AM 10:30 AM Approx. 12:30 PM Approx. 6:49 PM 6:49 PM
Day 2 Rosh Hashanah – Tuesday, September 27 Morning Service The Sounding of Shofar Kiddush Mincha following Kiddush Evening Service Festival Ends	9:00 AM 10:30 AM Approx. 12:30 PM Approx. 6:40 PM 6:48 PM
Yom Kippur 5783	
Eve of Yom Kippur – Tuesday, October 4 Selichot Afternoon Service Candle Lighting/Fast Commences Kol Nidre Evening Service	6:40 AM 3:00 PM 5:50 PM 6:00 PM
Day of Yom Kippur – Wednesday, October 5 Morning Service Yizkor Approx. Afternoon Service Neila Service Fast Ends	9:00 AM 11:00 AM 4:40 PM 5:30 PM 6:40 PM
Children's Schedule	
Playroom Open Lunch Outside (Booking in Advance) 5-11 Year Olds:	9:00-11:30 AM 12:00 PM
Games in Garden Room Tefilla	10:00-11:00 AM 11:00-11:30 AM

11:30 AM-12:00 PM

Games in Garden Room



Schedule of Sephardic Services Featuring Hazzan Jonathan Melloul and Rabbi Hananel Sahar

Rosh Hashanah 5783 at the JCC (King David Room)

Saturday, September 24	
Saturday Night Atarat Nedarim and Selichot	11:45 PM
Eve of Rosh Hashanah – Sunday, September 25 Candle Lighting/Mincha followed by Arvit	5:58 PM
1st Day of Rosh Hashanah – Monday, September 26 Sunrise Shacharit Second Shacharit Reading of Torah Eit Shaare Ratzon/Sounding of Shofar Mussaf Kiddush Mincha followed by Tashlich and Shiur Arvit/Candle Lighting from a pre-existing flame	5:15 AM 8:15 AM 9:45 AM Approx. 11:00 AM Approx. 11:15 AM Approx. 12:30 PM Approx. 5:10 PM 6:49 PM
2nd Day of Rosh Hashanah – Tuesday, September 27 Shacharit Reading of Torah Eit Shaare Ratzon/Sounding of Shofar Mussaf Kiddush (Cake and Grape Juice) Mincha Arvit Festival/Chag ends	8:15 AM 9:30 AM Approx. 10:45 AM Approx. 11:00 AM Approx. 12:30 PM Approx. 5:30 PM 6:40 PM 6:48 PM

Yom Kippur 5783 at the JCC (Sabra Restaurant)

Monday, October 3 Selichot Hatarat Nedarim (3rd opportunity) Followed by last Selichot before Yom Kippur	6:00 AM 12:00 AM
Eve of Yom Kippur – Tuesday, October 4 Mincha Candle Lighting/Fast begins Lekha Eli Kol Nidrei followed by Arvit	1:30 PM 5:50 PM 6:00 PM 6:30 PM
Day of Yom Kippur – Wednesday, October 5 Shacharit Reading of the Torah Mussaf Mincha Neila Fast Ends	8:00 AM 10:00 AM approx. 12:00 PM 3:30 PM 5:30 PM 6:40 PM
Children's Schedule	

Playroom Open 9:00-11:30 AM Lunch Outside (Booking in Advance) 12:00 PM 5-11 Year Olds: 10:00-11:00 AM Games in Garden Room 10:00-11:30 AM Tefilla 11:00-11:30 AM Games in Garden Room 11:30 AM-12:00 PM

(Form also available at www.OhelLeah.org)

OLS HIGH HOLIDAY SERVICES 5783/2022 BOOKING FORM

Name:	Email Address:		
OLS Member	Non-OLS Member		
☐ I have enclosed proof of vo	accination		
Please reserve for me the follow	ving seats:		
Askenazic Service	Sephardi	c Service	
ROSH HASHANAH SERVICE		MALE	FEMALE
Rosh Hashanah Eve – Sun, Se	ptember 25		
Day 1 Rosh Hashanah – Mon,	September 26		
Day 2 Rosh Hashanah – Tues,	September 27		
YOM KIPPUR SERVICE		MALE	FEMALE
Yom Kippur Eve – Tues, Octob	per 4		
Yom Kippur Day – Wed, Octo	ber 5		
The price for non-OLS members applies regardless of whether the of the above days.	is HK\$1400 single,	HK\$2400 cou	ple. This charge
Payment Instructions (please select	one of the following)		
☐ I authorize the Ohel Leah Synagog	gue to debit my JCC a	utopay account	No
☐ Please charge to my: ☐ Visa Car	rd; ☐ Master Card;	☐ American Ex	xpress Card
Cardholder Name:		HK\$	
Card No.:]	Expiry Date:	
AMEX/Visa Serial No.:	Signatu	re	

Kindly return this form to Ohel Leah Synagogue by **September 20, 2022**, 70 Robinson Road, Mid-Levels, Hong Kong. Email OLS@OhelLeah.org / Fax (852) 2548-4200.

Rosh Hashanah Meals

1st Night Rosh Hashanah

Sunday, September 25 6:45 pm at the Jewish Community Centre

2nd Night Rosh Hashanah

Monday, September 26 7:20 pm at the Jewish Community Centre

For reservation for Rosh Hashanah dinners at the JCC please click the following link or scan the QR code:

https://outlook.office365.com/owa/calendar/JewishCommunityCentre @jcc.org.hk/bookings/s/D-6872N4Mk2hUrOCgMFrxQ2



(Form also available at www.OhelLeah.org)

Sukkot 5783/2022 Arba'at Minim Order Form

Name:	Tel:_		Email:	
I would like to	order:			
□ Etro	g and Lulav set(s).	Cost per set is	HK\$980.	
Child	dren's Chinuch set	(s). Cost per se	et is HK\$480.	
	uctions (please sele			
	e the Ohel Leah o		to debit my	JCC autopa
□ Please cha	rge to my:			
□ Visa Co	ard; 🛘 Master Card	d; 🛮 America	n Express Card	
Cardholde	r Name:		HK\$	
Card No.: _			Expiry Date:	
AMEX/Visa	Serial No.:	Sigr	nature	

Please return this form by **September 20, 2022** to Ohel Leah Synagogue office. Email OLS@OhelLeah.org; or Fax (852) 2548-4200.

We will advise you of the date and time to pick up your set.



Ohel Leah Synagogue

70 Robinson Road, Mid-Levels, Hong Kong Tel: (852) 2589-2621 / Cell: (852) 9848-1422 Email Address: RabbiA@OhelLeah.org

Dear Friends,

The Yizkor prayer will be recited on Yom Kippur (October 5) and on Shemini Atzeret (October 17).

In order for the names of your relatives or friends to be mentioned during the Yizkor prayer, please complete and return the enclosed form. Alternatively, you could email the details to the synagogue office on OLS@OhelLeah.org.

could entail the details to the syndgogue office on observations.
גמר חתימה טובה
Rabbi Asher C. Oser
Hebrew name of deceased relative/friend:
Father's Hebrew name of deceased relative/friend:
Your relationship with deceased relative:

Your name & family name:

Top Twenty Rosh HaShana/Yom Kippur Questions 5783/2022

1. When is Rosh HaShana?

This year Rosh HaShana begins on Sunday night September 25th and continues until Tuesday night September 27th.

2. Is Rosh HaShana also two days in Israel?

Yes, even in Israel Rosh HaShana is kept for two days and both days are equally important.

3. How many blasts of the shofar are heard?

On Rosh HaShana there are a hundred blasts of the shofar. The most important are the first set of thirty.

4. Do women make a sh'hecheyanu blessing before candle lighting on both nights?

Yes. There is a custom to buy a new fruit or wear a new garment while making this blessing on the second night.

5. What is Hatarat Nedarimim and when does it take place?

Hatarat Nedarim is the annulment of religious vows and it is done in the synagogue after shacharit on the morning before Rosh HaShana.

6. What other customs are there before Rosh HaShana?

There is a custom to give charity, take a haircut and shave.

7. Why do we eat special foods on Rosh HaShana?

Certain foods are symbolic representations of the good year we expect.

8. What is tashlikh?

Tashlikh is the custom of going to a body of water and "throwing" one's sins in the sea. Many do this on the second day of Rosh HaShana but one can perform tashlikh until Yom Kippur.

9. Am I allowed to cook on Yom Tov?

Yes, unlike Shabbat, one is allowed to cook food on Yom Tov to be eaten that Yom Tov day. Care should be taken to use a pre-existing flame to light the stove. To ensure a pre-existing flame is always available, many have the custom to light a 26hr yahrzeit candle at the beginning of Yom Tov.

10. When does the Yom Kippur fast start and end in Hong Kong?

It starts Tuesday, October 4th at 5:50pm and ends on October 5th at 6:40pm

11. What should I do if it's difficult for me to fast or if I am taking medication?

People who need to take medication or who need to eat should consult a Rabbi about the best method to do so on Yom Kippur.

12. Besides for eating and drinking, what else is forbidden on Yom Kippur?

- We don't wear leather shoes.
- We don't bathe.
- We don't use perfumes, oils or moisturizers.
- We're not intimate with our spouses.

13. What time is Yom Kippur candle lighting? 5:50pm

14. How many blessings are there over the candles and when are they recited?Tonight at candle lighting women recite two blessings. These blessings can be recited in Hebrew or English. The first blessing is:

Baruch ata Ado-noi Elo-heinu melech ha-olam, asher kid-shanu bi-mitzvotav, ve-tzee-vanu le-had-lik ner shel yom ha-ki-purim

(Blessed are You, our God, Creator of time and space, who enriches our lives with holiness, commanding us to kindle the Yom Kippur lights.)

The second blessing is the shehecheyanu blessing:

Ba-ruch a-tah A-do-noi E-loi-hei-nu Me-lech ha-o-lam she-he-chee-ya-nu v'ki-yi-ma-nu vi-hi-gi-ya-nu liz-man ha-zeh

(Blessed are You, our God, Creator of time and space, who has supported us, protected us, and brought us to this moment.)

15. Besides the two Shabbat / Yom Tov candles, how many other candles are lit? At candle lighting time, married men have a custom of lighting their own candle and anyone who has lost a parent lights a yahrzeit candle. If one has lost two parents it's ok to light a single yahrzeit candle. No blessing is recited on these candles.

16. Do I recite a blessing on the tallit every time it is worn?

Whenever a tallit is put on during daylight we make a blessing. If one leaves synagogue during the Yom Kippur break then on return a blessing is made again.

17. What is the seduah ha-mafeseket?

This is the last meal before the fast begins. Kiddush is not recited at this meal and it is not necessary to have two challas.

18. Should children be encouraged to try fasting?

The custom is to encourage children nine above to have their meals a little later than usual.

19. What must be done in order for Yom Kippur to be effective?

Yom Kippur brings atonement when there is genuine repentance beforehand. Before Yom Kippur we apologize to people whom we think have offended. We forgive others in the hope that God will forgive us.

20. How is Havdala on Yom Kippur different from Havdala on Shabbat?

Havdala marks the transition from sacred time to everyday time. Whereas at the conclusion of Shabbat we light a new flame for Havdala, at the conclusion of Yom Kippur we are careful to light the Havdala candle from a flame that was burning throughout Yom Kippur. The Havdala candle at the conclusion of Shabbat (also) resembles the creation of fire at the beginning of the week and so it is recreated anew. The Havdala flame at the conclusion of Yom Kippur only represents the fact that we were prohibited from using a flame during Yom Kippur; it does not represent the recreation of fire at the beginning of the week. To mark this distinction we use a flame that was burning during Yom Kippur.

Security Volunteers Needed

OLS members can contribute to the community in many ways and one way to serve your community is by volunteering for security.

No prior skills or knowledge is necessary, volunteers will be invited to attend basic training, join training activities throughout the year and get a chance to learn Krav Maga. The role is mainly to assist the commercial guards by performing basic security actions during services and other community events. The volunteer roster is flexible, meeting the volunteer's availability. The bigger the team the less frequently you will be called to serve.

We especially will need help during the High Holidays, as a large number of attendees is expected.

If you feel you might be interested, or have any questions, please contact OLS@OhelLeah.org.